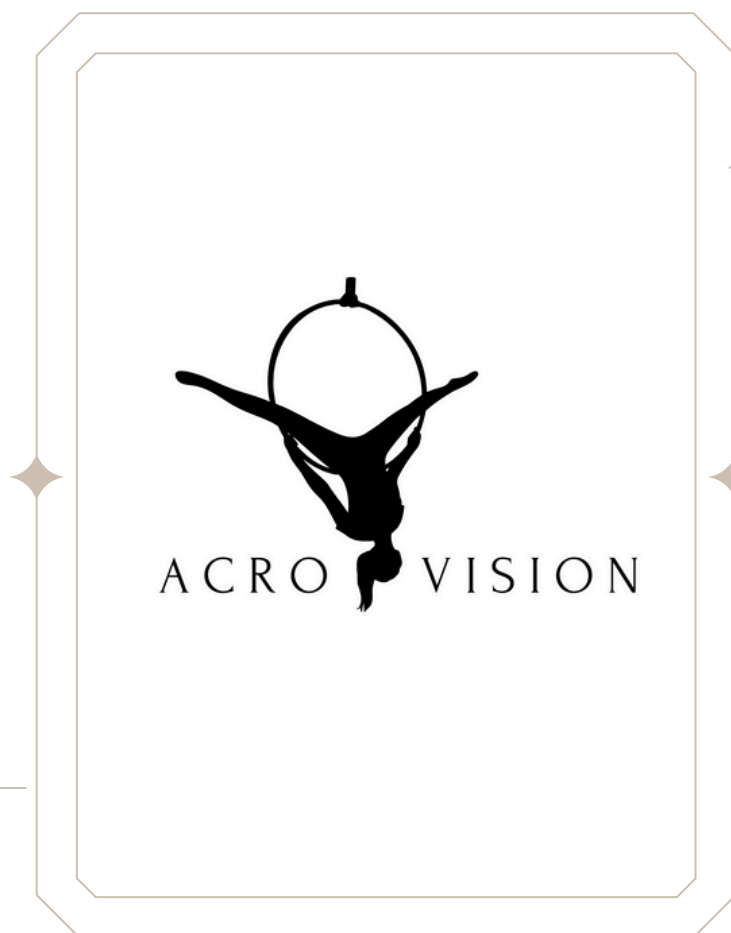


ONLINE AERIAL ACROBATICS COMPETITION FOR EVERYONE.

www.v-kruhu.cz



misa@v-kruhu.cz

Competition organizer: Michala Heligarová, IČ: 17510112, Malá 546,
46312, Liberec (hereinafter referred to as the “organizer”)

COMPETITION RULES AND REGULATIONS

DEADLINES

- Registration of participants takes place from February 1, 2025, to May 1, 2025.
- Submission of the competition video link from May 1 to May 15, 2025.
- Announcement of winners and results from May 20, 2025.
- Online sending of prizes to winners from May 20, 2025.

ENTRY FEE

The entry fee varies by category:

Adults: 450 CZK (25 EUR)

Children: 350 CZK (20 EUR)

Duo: 650 CZK (30 EUR)

The entry fee must be paid to the bank account 236759195/0300 within 7 days of registration. Please include your name, surname, and category in the payment note.

For international payments, use the following details:

IBAN: CZ5103000000000236759195

BIC (SWIFT): CEKOCZPP

You can also pay via PayPal: paypal.me/acrovision.

AWARDS

The winners of the first three places in each category will receive valuable prizes and a diploma, which will be sent to them electronically via email. A special prize will be awarded to the contestant who has scored the most points overall across all categories, and a special prize will also be awarded for the best art across all categories.



CATEGORY AERIAL HOOP

In this category, you can use a single-point or double-point hoop. The hoop can be taped or untaped. You can also choose the height and diameter of the hoop that suits you best. If your hoop is modified in any way other than standard, such as with a hand loop, you must register in the Aerial Art category.

CATEGORY AERIAL HAMMOCK

Choose an aerial hammock with single or double-point attachment. For non-standard modifications, register in Aerial Art.

CATEGORY AERIAL SILKS

Select aerial silks according to your preferred material and size. For special modifications, register in the Aerial Art category.

SPECIAL CATEGORY AERIAL ART

In this category, you can use any other apparatus for aerial acrobatics. This can include, for example, aerial trapeze, mini aerial hoop, aerial loops, aerial moon, aerial rope, aerial cube, cloud swing, aerial chains, flying pole, aerial straps, aerial net, aerial chair, aerial ladder, or aerial chandelier.



SUBCATEGORIES AMATEUR AND PROFESSIONAL

The amateur subcategory is for those who practice the discipline as a hobby. These individuals do not have any paid performances, are not instructors, and have not been training for more than 5 years. If you have placed first, second, or third in any competition in the given discipline, you also fall into the professional subcategory. However, there is an exception: if you placed in a competition with fewer than 6 participants, you do not have to move to the professional subcategory.

You do not have to be in the same subcategory for different disciplines. You can register in different subcategories according to your abilities.

If you are unsure which subcategory you belong to, you can consult with the competition organizer. The organizer reserves the right to decide on your subcategory and move you to the professional subcategory if deemed appropriate.

KATEGORIE

- Aerial Hoop BABY 3 – 7 years
- Aerial Hoop KIDS 8 – 12 years
- Aerial Hoop TEENS 13 – 16 years
- Aerial Hoop DUO KIDS 4 – 11 years
- Aerial Hoop DUO TEENS 12 – 16 years
- Aerial Hoop AMATEUR 17 years +
- Aerial Hoop PROFESSIONAL 17 years +
- Aerial Hoop MASTERS 35 years +
- Aerial Hoop DUO 17 years +
- Aerial Art KIDS 3 – 9 years
- Aerial Art TEENS 10 – 16 years
- Aerial Art DUO KIDS 4 – 16 years
- Aerial Art 17 years +
- Aerial Art DUO 17 years +
- Aerial Hammock KIDS 3 – 7 years
- Aerial Hammock TEENS 8 – 12 years
- Aerial Hammock JUNIOR 13 – 16 years
- Aerial Hammock DUO
- Aerial Hammock 17 years +
- Aerial Silks KIDS 3 – 9 years
- Aerial Silks TEENS 10 – 16 years
- Aerial Silks DUO
- Aerial Silks 17 years +

(Choose the Aerial Hoop DUO category based on the age of the older participant.)
Competitors can register for multiple categories. If there are fewer than 3 competitors in a category, it may be merged with another category.

COSTUME

The costume must not reveal intimate parts of the body. The costume may include props related to your choreography or theme. Any hairstyles and loose hair are allowed.

VIDEO

To participate in the competition, you need to create a video of your performance and send it to the organizer. Follow these steps:

Record a video of your performance using a camera or mobile phone. Ensure good image and sound quality. Record the video horizontally.

The video length must be between 2 and 4 minutes.

Upload the video to YouTube or Vimeo and keep it public for at least one month after the competition ends.

Name the video according to this format: Acrovision – first name and last name or stage name – category. Example: Acrovision – Jana Nováková – Aerial Hoop Amateur 18+.

Send the video link to the organizer at misa@v-kruhu.cz. In the email subject, include Acrovision – first name and last name or stage name.

Also, follow these rules when creating the video:

Your video must be specifically recorded for this competition. If you use a video from another competition or performance, 5 points will be deducted.

The video must show your entire body and your apparatus (e.g., trapeze, hoop, silk, etc.) throughout your performance.

The video must not be edited, except for trimming the beginning and end. Otherwise, 5 points will be deducted.

Plagiarism of choreography, video, or music is strictly prohibited.

TO PARTICIPATE IN THE COMPETITION, YOU MUST FOLLOW THESE RULES

- Fill out the application form and provide truthful information.
- Pay the entry fee.
- Respect the competition rules.
- Send the video link on YouTube or Vimeo.
- Behave sportingly and politely towards other participants, the organizer, and the judges.
- Meet all deadlines.
- Be healthy and capable of competing.
- Do not violate copyright laws.
- If you break any of these rules, you may be disqualified from the competition.

RIGHTS AND RESPONSIBILITIES

If you want to protect your privacy or your child's privacy, you can choose a stage name to be used instead of your real name.

By registering for the Acrovision competition, you give the organizer consent to use your videos for promoting the competition and to publish and share your details (name or stage name, Instagram).

The organizer is not responsible for any injuries or damages that may occur to you during the competition.

The organizer reserves the right to change the competition rules.

Participants have the right to withdraw from the competition at any time, but without a refund of the entry fee.

By registering for the competition, the participant confirms that they have read and agree to the rules.

If a large number of participants register, registrations may be closed early.

EVALUATION

Each of the criteria below is evaluated on a scale of 0–10 points.



Technique – Evaluates the flawless and clean execution of elements, harmony and coordination of movements, smooth transitions between elements, difficulty of elements, correct body posture, and the ability to manipulate the hoop or other apparatus.



Strength – Assessed based on the ability to maintain static positions without trembling and perform demanding tricks. Strength elements can include hangs with both hands or one hand, as well as tricks like the “crocodile” and various planks.



Flexibility – Evaluates the ability to perform flexible elements and transitions. The competitor should demonstrate their maximum leg range and maximum back bend.



Artistic Impression and Creativity – This evaluates how the artist uses facial expressions and gestures to convey choreography, their ability to interpret a theme or tell a story, and how well their performance is synchronized with the music. The choice of costume and makeup, which should match the style and theme of the performance, is also important. Additionally, the use of props is assessed.



Creativity is demonstrated in the ability to create an original and imaginative choreography that expresses a theme or story, the use of space and music, the inclusion of diverse and innovative elements and transitions. Creativity is also reflected in the costume and the overall impression of the performer.



Dynamics – This evaluates the ability to perform movements with high intensity and speed, such as jumps, descents, flips, spins, drops, or swings.



Balance – This assesses the ability to maintain balance and stability on a hoop or other apparatus, without falling or losing control. The difficulty is determined by the number of contact points, the duration of the position, and the angle of the body.

You can earn a maximum of 60 points in total.



FLOORWORK

Floorwork is optional. If used, it should be no more than 15% of your video. You can start or end your routine on the floor or in the hoop.



PENALTIES

- Up to 3 points for falls, slips, or loss of balance.
- Up to 2 points for wiping hands, adjusting, costume issues, singing, or talking.
- Up to 3 points for inappropriate movements and unsportsmanlike behavior.
- Up to 2 points for each unfinished element.
- Up to 0.5 points for each line error (incorrect body shape or limb position).



Dear acrobats, don't hesitate to participate in our online aerial acrobatics competition. Show us your amazing skills and receive feedback from a professional jury. We look forward to your applications. We wish you lots of luck and fun!



P.S.: IF YOU HAVE ANY QUESTIONS ABOUT THIS COMPETITION, DON'T HESITATE TO CONTACT US. 😊